

Counter Fraud Newsletter

Welcome to this month's edition of the Counter Fraud Newsletter for NHS staff. You will find contact details for your Local Counter Fraud Specialist in your organisation's Anti-Fraud, Bribery and Corruption Policy.

New Tools Helping to Tackle Scam Calls

Nationwide has introduced a new Call Checker tool to help people quickly verify whether a caller claiming to be from their bank is genuine.

According to research highlighted by Which?, the average person now receives around eight suspicious calls each month, with fraudsters frequently posing as trusted organisations to pressure victims into sharing personal details or moving money.

The Call Checker feature, accessed through Nationwide's mobile app, allows users to confirm instantly if they are speaking to a real Nationwide colleague or an impersonator.

Banks including Barclays, Monzo, Starling and Revolut are also adopting similar verification tools, giving customers more ways to challenge suspicious contact. For anyone unsure about a call from any bank, dialling 159 offers a quick route to official verification.

You can read the full Which? article for more detail on how these tools work and what other banks are doing to combat impersonation scams: [Which? Article](#)



DID YOU KNOW?



The "Spanish Prisoner" scam is over 400 years old, which involved fraudsters convincing victims to pay to "release" a wealthy prisoner in Spain – in return for a share of their fortune. It's basically the ancestor of today's advance-fee fraud.



Need to Contact Us?

Your Local Counter Fraud Specialist's contact details can be found in your organisation's Anti-Fraud, Bribery and Corruption Policy, or on your staff intranet.

GMC Impersonation Phishing Emails Targeting Doctors

We have received reports of phishing emails impersonating the General Medical Council (GMC) and targeting doctors.

These emails appear to come from the “General Medical Council” but originate from personal email accounts, such as a Gmail account.

Fraudsters claim to offer a three year GMC registration and licence to practise for £100. These messages use typical phishing tactics including false urgency, limited availability offers, and requests for personal information.

How to Spot This Fraud

Look out for emails that:

- Are sent from non GMC domains, especially free webmail accounts.
- Offer discounted or time limited GMC registration.
- Ask you to reply with personal details.
- Create pressure or urgency to respond quickly.

If You Receive a Suspicious Email

Do NOT:

- Respond to the email.
- Open attachments.
- Click any links.
- Provide any personal or professional information.

Do:

- Verify genuine GMC communications via the official website: www.gmc-uk.org
- Forward suspicious emails to spamreports@nhs.net (or your organisation’s designated spam reporting mailbox).
- Delete the email from both your inbox and deleted items.



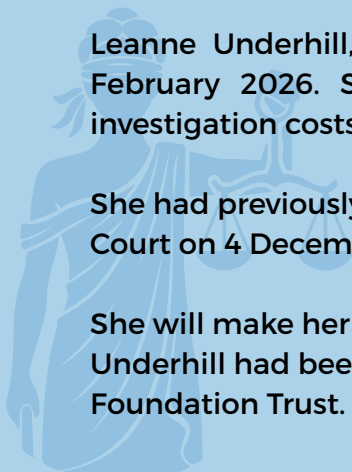
Former NHS HR manager ordered to repay almost £7k after lying about mother’s death to defraud the NHS

A former NHS senior HR manager has been ordered to repay £6,948.25 after falsely claiming her mother had died so she could take time off from her role and work elsewhere.

Leanne Underhill, 46, received her sentence at Poole Magistrates’ Court on Monday 16 February 2026. She was ordered to repay her full salary overpayment and the full investigation costs.

She had previously pleaded guilty to fraud by false representation at Poole Magistrates’ Court on 4 December 2025.

She will make her repayments in monthly instalments of £150, starting from 1 March 2026. Underhill had been employed as a senior HR manager by University Hospitals Dorset NHS Foundation Trust. Read more [here](#).



Watch Out for Fake NHS Cold Calls

GP surgeries and NHS organisations across the country are warning about a new wave of scam phone calls where fraudsters impersonate NHS services. These calls can appear convincing but they are designed to obtain personal information.

How the Scam Works

According to recent reporting by Which?, scammers are using automated messages to mimic NHS receptionists or doctors. These messages typically claim that your GP record is “out of date” and that you must update it urgently or risk being removed from the practice list. [which.co.uk]

Victims have reported being asked to **press 1** to “update details”, after which the caller requests personal information such as:

- Name and address.
- NHS number.
- Date of birth.
- Other sensitive identifiers.

These calls often use **spoofed numbers**, making them appear genuine.

What the NHS Will Never Do

- It will never threaten to remove anyone from a patient list over the phone.
- It will never ask for financial information or bank details.
- It will never pressure you to update confidential information during an unexpected call.

If you receive an unexpected call that appears to be from the NHS:

Hang up if something feels off.

Wait 15 minutes to make sure the call has definitely disconnected – scammers can jam your phone line even when you think you have hung up.

Contact the NHS service that was apparently calling using an official number – from the NHS website, appointment letter, or your GP practice’s site.

If you believe you’ve received a scam call or shared information:

Speak to your GP practice to confirm your records are secure.

Notify your bank if you’ve disclosed financial details.

Report the incident to Report Fraud.

You can read the full Which? article [here](#).

**Spread
the
word**



REPORTING FRAUD CONCERNS

Fraud vs the NHS

If you think that fraud may be being carried out against the NHS, please notify your Local Counter Fraud Specialist. You'll find our contact details in your organisation's Anti-Fraud, Bribery and Corruption Policy.

You can also report your concerns to the NHS Counter Fraud Authority using their online reporting tool or phone number: 0800 028 40 60.

If you choose to make an anonymous report, please give as much information as possible as we won't be able to get back in touch with you to clarify anything.

Suspicious texts

Do not click on any links in the suspicious text message.

You can forward suspect text messages to 7726.

Fraud against a member of the public

These concerns can be reported to **Report Fraud (0300 123 20 40)**,

If the person has lost money, it may also be appropriate to report the matter to **the police**.

If you suspect that the person's bank account has been compromised, it is important that they **speak to their bank** as a matter of urgency.

Suspicious Emails

Do not click on any links or attachments.

If you have received a suspicious email to your **@nhs.net** email account, you can forward it (as an attachment) to **spamreports@nhs.net**

If you are not sure how to forward an email as an attachment, contact the Counter Fraud Team and we will help you.

If you have been sent a suspicious email to another type of email account (not **@nhs.net**) you can forward it to **report@phishing.gov.uk**

I've read the options but I'm still not sure what to do

The Local Counter Fraud team will be happy to advise.

Our contact details can be found in your organisation's Anti-Fraud, Bribery and Corruption Policy.